Newsletter27th February 2024NORTH SHORE SQUASH CLUB

What a great turn out for our Working Bee!! Huge thanks to our awesome members who gave up their time to lend a hand, I'm sure you'll agree the club is looking squeaky clean - we only have to wait one more day before our "Show Courts 6 & 7" are ready to have that little black ball smashed against those white walls again!!

LOOKINGI GOODD.









???Question for you???







60 Club is returning Friday 3rd May. Grab your existing ticket number by the end of March. Payment to be made by the 1st draw of the year. Any questions, chat with our awesome Bar Manager Matt.

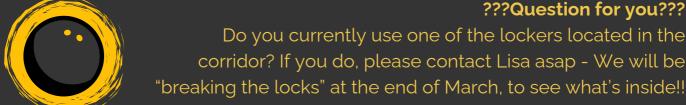
Please consider volunteering some of your precious time throughout the year - next week's North Shore Open, followed by the biggie Barfoot & Thompson Auckland Open PSA in May, NZ Junior Champs & Teams in October!!



Every Sunday afternoon from 3pm - 4.30pm, clubbie James Mount gives up his time to train/coach our "C Grade" members. Please feel free to come along and join in the fun!!



We're constantly thinking of ways to ensure our members, both new & old have plenty of "squashies" to join them on court. Join our WhatsApp Groups currently being created to ensure everyone has a playing buddy!



It's the final week to get your entries in for the Autumn round of Masters Interclub. Let me know if you're interested, even if you're an individual - last day is Friday.

Do you currently use one of the lockers located in the

corridor? If you do, please contact Lisa asap - We will be

North Shore Open

Proudly Sponsored by



8th-10th March 2024 | Cash Prizes

BARFOOT THOMPSON BARFOOT THOMPSON BARFOOT THOMPS

\$40 Entry Fee Enter on isquash Closing date: 3rd March

More info at: admin@northshoresquash.co.nz

> Local players may be asked to play Thursday evening



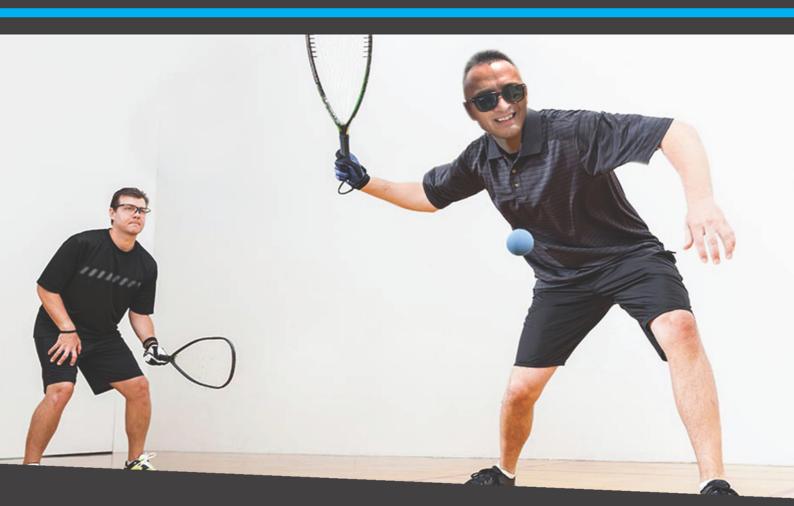
Last chance to enter - we can always find you a team if you need one!!

North Shore Squash Club is pleased to announce A CHARITY EVENT FOR NZ ASSISTANCE DOGS



THE PACKER CUP 2024

RACKETBALL | SATURDAY 2ND MARCH | 9:30AM - 4:30PM



- TEAMS OF 3 / EACH TEAM MUST HAVE ONE FEMALE PLAYER (if possible)
- MAX OF ONE A-GRADE PLAYER PER TEAM
- LIMITED ENTRY SO GET IN QUICK!
- CASH ENTRY FEE \$150/TEAM includes 1 beer at the bar, spot prizes and food ENTER AT: admin@northshoresquash.co.nz or

barry.gill@veron.co.nz



Ladies Group Squash Coaching

Monday nights 6-7pm North Shore Squash Club 6 Sessions 4th March - 8th April \$79 for the full 6 weeks

Enquiries and sign up: admin@northshoresquash.co.nz





MEMBERS SPECIAL

Comes w Choice of a Soft Drink -

\$22 \$16.9 \$29 \$21.9

Comes w Choice of a Beer -

Grilled Chicken Taco w Chips

Tortilla, Shredded Cabbage, Green Salad, Grilled Chicken, Sriracha Mayo and Tomato Avocado Salsa

SO GOOD Burger w Chips

Burger bun, Beef Patty, Bacon, Onion Rings, homemade barbeque sauce, Mayo w Cheese

Teriyaki Beef Burger w Chips

Burger Bun, Double Beef Patty, Cream Cheese Onion Relish, Cabbage Salad, Teriyaki Sauce, Aioli

Original Fried Chicken on Rice

Fried Chicken Pieces, Rice, Tomato, Salad, Oriental Dressing and Aioli

Balcony Bar Don't forget every Monday & Thursday from 4.30-6.30pm

Specials!! Specials!! Specials!!

2024 - SQUASH AUCKLAND INTERCLUB DATES

SENIOR INTERCLUB (all ages) Lower divisions Monday nights Higher divisions Tuesday nights

MASTERS INTERCLUB (aged 40+) Wednesday nights

DOUBLES INTERCLUB Wednesday nights

SUMMER DOUBLES	14 Feb - 28 Feb (3 weeks)
SPRING DOUBLES	20 Nov - 11 Dec (4 weeks)
TEAM CHALLENGE	12 Feb - 26 Feb (3 weeks) 🕒
SENIOR AUTUMN	04 Mar - 09 Apr (5 weeks)
SENIOR WINTER 1	29 Apr - 02 Jul (9 weeks)
SENIOR WINTER 2	29 Jul - 24 Sep (9 weeks)
SENIOR SPRING	14 Oct - 03 Dec (7 weeks)
MASTERS AUTUMN	13 Mar - 22 May (10 weeks)
MASTERS WINTER	12 Jun - 21 Aug (10 weeks)
MASTERS SPRING	11 Sep - 13 Nov (10 weeks)

Contact your club to register or visit www.squashauckland.org.nz for more info

PRE-SEASON NO GRADING POINTS







The **PHSquash** Store is now fully stocked and officially ready for the 2024 season! As well as coaching and mentoring services, PHSquash is able to provide all of your squash playing needs!

20% Off all Rackets and Footwear by Tecnifibre, HEAD, ASICS

Discounts on restringing when you have 2 rackets done- (We can offer a while-youwait service!)

20% Off all 2024 Frames by Tecnifibre and HEAD at PHSquash! Tecnifibre

Carboflex X-Top 125 RRP \$350- **PHSquash \$280** Carboflex X-Top 125NS RRP \$350- **PHSquash \$280** Carboflex X-Top 135 RRP \$270- **PHSquash \$215** Slash X-Top 120 RRP \$350- **PHSquash \$280** Slash X-Top 130 RRP \$300- **PHSquash \$240 HEAD**

Speed 120 RRP \$340- **PHSquash \$270** Speed 135 RRP \$340- **PHSquash \$270**

20% Off all 2024 Indoor Footwear by ASICS

In our opinion, the best footwear brand on the market for support, comfort and durability! Check out the new colour range!

Blast FF3 RRP \$280- **PHSquash \$225** Gel Tactic 12 RRP \$200- **PHSquash \$160**



For more information, or to place an order- contact **paul@phsquash.com** or call **0274 778 274 (02PHSQUASH)**



Racketball is now at North Shore Squash Club... Check out our <u>youtube video</u>!!

Thanks to Devonport-Takapuna Local Board for their generous support in providing equipment









JUNIOR SQUASH COACHING

Join us at North Shore Squash Club for Junior Club Night every Friday during term time.

First 3 sessions FREE!!!

Term 1 - Friday 9th Feb Finishes - 12th April

- Skills & ball techniques
- Strategy & teamwork exercises
- 𝞯 Fun games & trial matches

BEGINNERS

INTERMEDIATE/OLDER

6-8 years old 4pm - 5pm 9–15 years old 5pm – 6pm

NORTH SHORE SQUASH CLUB

21 Shea Terrace, Takapuna

Website: www.northshoresquash.co.nz More Information Call Lisa 021932638 - admin@northshoresquash.co.nz

BARFOOT

THANKS TO OUR AMAZING SPONSORS











INNOVEST

